

**'Banda Senza Frontiere 2013-14'**: National Institution for Social Care and Vocational Training 'Beit Atfal Assumoud', Lebanon; Ulaia Artesud Onlus, Rome; ass. Prima Materia, Montespertoli (Fi); Tavola Valdese; Assopace Mola di Bari

**'Music and Resilience 2013-15'**: National Institution for Social Care and Vocational Training 'Beit Atfal Assumoud', Lebanon; ass. Prima Materia, Montespertoli(Fi); Ulaia Artesud Onlus, Rome; Region of Tuscany; Province of Florence; Municipality Union Empolese-Valdelsa; Municipality Montespertoli; Municipality San Casciano Val di Pesa; ARCI Empolese-Valdelsa; ERAM Music Therapy Florence; Finnish Psychologists for Social Responsibility; Assopace Mola di Bari; Welfare Association Lebanon

# “Music and Resilience”

Annual Report 2014-15

## Music Therapy

- 11 NISCVT music therapist trainees working in 5 Family Guidance Centre mental health clinics throughout Lebanon
- 97 children treated; 68% Palestinian refugees from Lebanon, 26% Palestinian or Syrian refugees from Syria, 5% Lebanese underprivileged; age range 2-15 years ; pathology range: stress/trauma/affective disorders, hyperactive/attention/learning/speech disorders, autistic spectrum disorder, mental retardation.
- 63% of cases treated individually, 37% treated in groups
- periodic clinical evaluation carried out for 25% of cases, revealing consistent improvement in emotional, social and musical competence over the course of treatment;
- 2 team follow-up and supervision periods (Nov 2014, Jan 2015);
- clinical training course, January 2015, led by Herbert Walter (Germany);
- clinical seminar, May 2015, led by Mercedes Pavlicevic (Nordoff-Robbins Institute, London UK);
- clinical training course, August 2015, led by Deborah Parker (PM), with project follow-up and monitoring;
- distance supervision for local monthly team intervention;
- purchase of hang-drums, log-drums and percussion beaters for all 5 Clinics;
- participation at NISCVT 9<sup>th</sup> Annual Conference, Beirut 6-7 June 20148-9 May 2015;
- partnership established with Welfare Association Lebanon for financial support of NISCVT local music therapists and community music teachers.



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## Community Music

- establishment of NISCVT central coordination for CM, with financial support from Welfare Association;
- consolidation of CM project in Beddawi; 14 students, age range 11-17 years; 2 local teachers working for a total of 4 hours weekly; theory lessons and group tuition; classes for violin, clarinet, saxophone and trumpet.
- monitoring CM Beddawi, May 2015;
- meetings and start-up CM project in FGC Saida, May 2015; 25 students, age range 6 – 17 years; 1 local teacher working for a total of 6 hours weekly; basic music theory lessons; reading skills taught through singing and playing on percussion instruments; classes for recorder.
- monitoring and assessment of projects in Saida and Beddawi, August 2015; meetings defining strategy for future development.



## Impact within Italian community

- press conferences, Sala Patrizi Siena, 8<sup>th</sup> Jan 2015, Sala Consiglio Montespertoli, 9<sup>th</sup> Jan 2015, with NISCVT psychologist Mohamad Orabi;
- Orientation Days for 12 MT and CM team members and volunteers, 9<sup>th</sup>-10<sup>th</sup> July 2015;
- enrolment of NISCVT psychologists Liliane Younes and Mohamad Orabi in Music Therapy Diploma course, Citadella Assisi; completion of 1<sup>st</sup> year course, 12th-25<sup>th</sup> July 2015;
- press conference, Sala Consiglio Montespertoli, 28<sup>th</sup> July 2015, with NISCVT psychologists Liliane Younes and Mohamad Orabi.



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# Music and Resilience 2013-2015

## Provisional Budget 2014-2015

Income		Expenditure	
13-14 Balance Credit	€ 5.269,53	Travel expenses	€ 2.086,56
Donations	€ 100,00	Food and Local Transfer	€ 2.602,08
Residual contribution from Regione Toscana, after final accounting	€ 5.000,00	Musical Instruments	€ 650,75
<b>Total Income</b>	<b>€ 10.369,53</b>	Other Expenses	€ 851,92
<b>Provisional Balance € 4.178</b>		<b>Total Expenditure</b>	<b>€ 6.191,31</b>